

Quality, Safety & Potency.

Only A grade herbs are used in the manufacture of Sun Herbal formulas.

All Sun Herbal medicines are produced to the most rigorous standards by an Australian GMP (Good Manufacturing Practice) certified manufacturer in China. This means that every step of production is subject to strict quality control.

All of these medicines must pass stringent tests for safety, purity and potency.



Experience the Sun Herbal difference now

Sun Herbal is the leading supplier of prepared Chinese medicines in Australia with ChinaMed® and Black Pearl® brands. You can be assured of getting safe and consistently reliable medicines made from the finest quality ingredients and concentrations.

Ask your healthcare practitioner how Sun Herbal can help you to manage your symptoms today!

ChinaMed



SunHerbal
Better Naturally

www.sunherbal.com

Your healthcare practitioner

Relief for your stubborn skin conditions with Chinese herbal medicine.



The Sun Herbal range of concentrated Chinese herbal formulas can provide effective relief for stubborn skin conditions.

Our Traditional Chinese Medicine (TCM) brands include:

ChinaMed



SunHerbal
Better Naturally

Disclaimer. The contents of this flyer (the 'Content') is intended only as a guideline on possible treatment strategies. The Content is not offered as medical advice and should not be considered to be medical advice under any circumstances. If you have a medical condition, you should always seek the advice of a qualified healthcare practitioner. Never disregard professional medical advice or delay in seeking it because of Content in this flyer. Your reliance on any information provided by the author in this flyer is solely at your own risk. Neither the author nor the publisher can be held responsible for the improper or inappropriate use or application of any of the Content of this flyer by any person.

INNOV15299

ER621

Importance of healthy skin

As the body's largest organ, skin is vulnerable to many diseases. Most people suffer from some sort of skin disease in their lifetime. Every year about twenty-five percent of the population seeks help from physicians or dermatologists for a particular skin problem.

Conventional dermatology has made a significant contribution over the years to the treatment of skin diseases, but for those skin problems which are not responsive to treatment and for those who prefer more natural methods, traditional Chinese medicine (TCM) provides a safe and effective alternative.

Traditional Chinese medicine approach to skin disorders

Skin problems may arise from a number of different causes, the most common of which are infections, allergies, digestive disorders, hormonal imbalance and stress. It is standard procedure in TCM to assess the patient's symptoms, including general health and then to classify the disorder as a particular 'pattern', based on whether it is of internal or external origin, shows signs of heat or cold, etc.

In TCM external factors such as wind, dampness, dryness, or heat can 'invade' the body and cause skin disorders. This may be seen in the effects of exposure to excessive sunlight, cold and wind as well as localized infections by bacteria. In addition to these factors, internal imbalances, such as digestive problems and patterns of Blood Heat or Blood deficiency are often reflected on the skin. When skin disorders are caused by internal imbalance, the underlying (or 'root') factors must be addressed, in order to clear up the surface (or 'branch') manifestations.

2,000 years of tradition combine with modern research

Traditional Chinese herbal medicine has developed a sophisticated system for treating skin disorders using herbal combinations. There are several hundred different herbal formulas, developed and refined during 2,000 years of TCM's recorded history, that are used in the treatment all of the main skin conditions, such as acne, eczema, dermatitis and psoriasis.

Many of the herbs that are used in these formulas have antibacterial, anti-viral and anti-fungal properties. Case histories of the successful use of these herbs are recorded in the Chinese medical classics, and successful clinical trials of these herbs are recorded in modern medical journals.

Can Chinese herbal medicine treat my condition?

In many instances where Western medicine is only able to provide temporary relief from the symptoms, Chinese herbal medicine is able to cure the condition completely. This is because TCM addresses the underlying causes as well as the distressing symptoms.

The treatment generally involves dietary and lifestyle changes in addition to herbal medicines. Severe or chronic skin conditions may require several months of herbal therapy, although improvement is usually seen within the first few weeks. It is important that you consult a practitioner who is thoroughly trained in Chinese herbal medicine who can assess your condition and make the appropriate recommendations.

In many cases, as the accumulated toxic material is released and expelled from the body there may be a temporary worsening of the condition. However, this only lasts for a few days at most and is then followed by a fairly rapid improvement in both the symptoms as well as your overall health and well-being.

